



#8 - Using TrustTalk™ for a Session on Team Trust

Here's an idea for a two-hour session on trust using our TrustTalk™ cards:

- Begin the session with a general overview on team trust. (5 minutes)
- Ask the group to pair up with someone and ask each other this question: Think about a team member you trusted. Tell me what he or she did that made you trust him or her. Be as concrete as possible. (10 minutes)
- When the pairs have finished ask for several examples. (8 minutes)
- Introduce the key words of the TrustTalk cards and ask the group what key words seem to match their experience with the trusted team member. (10 minutes)
- Divide the group into smaller groups or intact teams and give each a deck of TrustTalk cards. (1 hour)
 - Instruct them to look over the key words and choose one or two that they want to explore as a group/team.
 - They can pull the cards with those key words and use the conversation starters to have a dialogue about that item. They should also discuss and agree on 2 action steps to take in their own teams in the next week to increase team trust.
- Bring the larger group back together and ask for examples of what the groups learned and what they plan to do. (20 minutes)
- Summarize and conclude. (7 minutes)

Key words in TrustTalk:

<p>Spirit of Unity</p> <ul style="list-style-type: none"> • Belonging (1,2,3, 4, 13) • Caring (4,5,6,7) • Commitment to others (8,9,10,11,12,13) • Positive Environment (13,14,15,16,17) 	<p>Predictability & Reliability</p> <ul style="list-style-type: none"> • Fulfilling commitments (40, 41) • Communicating expectations (42, 43, 44, 45, 46)
<p>Strategic Competence</p> <ul style="list-style-type: none"> • Competence (18, 19, 20, 21) • Supports organizational success (22, 23) • Decision-making (24, 25, 26, 27, 28, 29) • Innovation (23, 30, 31, 32, 33, 34, 35) • Risk-taking (33, 34, 35) • Team Learning (36, 37, 38, 39,71) 	<p>Integrity & Openness</p> <ul style="list-style-type: none"> • Doing the 'right' thing (47, 48, 49) • Openness (45, 49,50, 51, 52, 53) • Sharing credit (54, 55) <p>Collaborative Intent</p> <ul style="list-style-type: none"> • Open to different points of view (29, 56, 57, 58, 59, 60, 61) • Supports organizational success (62, 63, 64) <p>Psychological Safety</p> <ul style="list-style-type: none"> • Safe to be vulnerable (65, 66, 67) • Take interpersonal risks to learn (68, 69, 70, 71)

Pricing - \$75 per card deck

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